

Does Spring + Pollen have to = Allergies?

Those of us who suffer from allergies long for the warm weather and other signs of spring as much as the next person, yet thoughts of sneezing, watery and itchy eyes, nasal congestion and a host of other symptoms that accompany springtime allergies don't make the season's onset compelling.

I suffered from allergies, but not anymore.

It doesn't help that many of the medications available, either by prescription or over-the-counter, provide relief for these conditions but come with annoying side effects.

Who wants to feel drowsy or like they're in a stupor all day? And to top it all off, the medications wear off and your only recourse is to choose between symptoms or side effects again. It's a vicious cycle.

Not anymore

I was one of those people who suffered from allergies, but notice the past tense. I don't suffer with them any longer. No more annoying symptoms or medication side effects. What happened?

Seven years ago someone introduced me to the whole-fruit mangosteen juice, **XANGO**[®]. Not only does this juice supplement taste good . no nasty pills . but it also promotes respiratory health. And with only 2 to 4 ounces per day, I realized results.

In my case, allergy symptoms rarely appeared. If they did, they were mild. I would drink an extra 2 ounces of juice, and the symptoms would disappear and usually did not return. And the best part? No tired feeling . I was energized. No feelings of being in a fog . I was alert. While others around me were sneezing and blowing, I was FREE.

More benefits

I take **XANGO**[®] on a regular basis because it has other benefits that appeal to me. Not only does it support respiratory health with allergies and colds, it also supports the immune system, maintains intestinal health, neutralizes free radicals, supports cardiovascular health, fights minor muscle pain, supports cartilage and joint function. If you're interested in the science behind all of this, click the first link below.¹

What about you?

Click on the second link below to learn more and give it a try for yourself.

¹ http://www.mymangosteen.com/distributors/takes3/media_vault.asp?v=163&language=1&checkLang=1

² <http://www.mymangosteen.com/takes3/product/juice.asp>

